

Support for Parenting

EarlyON Child and Family Centres are places where parents and caregivers can:

Find parent education and support
Take part in a range of programs with other parents
Get answers to questions
Get information about programs and services that are available to young children and their families
Talk to early years' professionals as well as other parents and caregivers in the community
Toll Free

X2351 1-866-433-8933
<https://www.leedsgrenville.com/en/services/EarlyON.aspx>

Triple P Parenting for parenting sessions and information
Call: 1-800-660-5853
Email: triplep@healthunit.org
Visit www.triplep-parenting.ca

Children's Mental Health of Leeds and Grenville (CMHLG) 1-800-809-2494 www.cmhlq.ca

Family and Children's Services
1-855-667-2726

Childcare

Brockville and Area
YMCA of Eastern Ontario
Child Development Centre
(613) 342-7961
Brockville Montessori School
(613) 345-0286
Educare Children's Centre
Brockville
(613) 498-3216
Kampus Kids Early Learning Centre
(613) 341-9224
St. John Bosco Children's Centre
(613) 342-1479
Stepping Stones Children's Learning Centre
(613) 213-1516
For information about Before and After School Programs contact your school.
Licensed Home Childcare
YMCA of Eastern Ontario
(613) 342-7961 x 35

United Counties of Leeds and Grenville
Children's Services
Department
613-342-3840 x2351
1-800-267-8146
Childcare Fee Subsidy
<https://www.leedsgrenville.com/en/services/child-care-fee-Canada-Wide-Early-Learning-Child-Care-System>
<https://www.leedsgrenville.com/en/services/canada-wide-early-learning-and-child-care-system.aspx>

Physical Health

Telehealth Ontario 1-866-797-0000
Poison Centre 1-800-268-9017

Health Unit-Leeds, Grenville and Lanark District Health Unit
1-800-660-5853
Including: Dental Services, Healthy Babies Healthy Children, Immunization, parenting programs and information, postpartum depression support, prenatal and breastfeeding education www.healthunit.org
Community and Primary Health Care (CPHC)
1-800-465-7646
Includes community programs and services and primary health care services
www.cphcare.ca

Health Care Connect
1-800-445-1822
Helps Ontarians who are without a family health care provider (family doctor or nurse practitioner) to find one...
<http://www.health.gov.on.ca/en/ms/healthcareconnect/public/default.aspx>
Hearing and Vision
Southeastern region Infant Hearing and Blind Low Vision Program
1-800-267-7875 x 1145
Canadian National Institute for the Blind (CNIB) 1-800-563-2642. www.cnib.ca
Hearing Life 1-888-403-5917
Hospitals
Brockville General Hospital (613)345-5649
KidsInclusive/EnfantsInclus - Kingston Health Sciences Centre
1-855-544-3400 ext. 3175
Children's Hospital of Eastern Ontario (613) 737-7600
La Leche League Canada - Brockville Group (24hr) (613) 925-0067 brockville@llc.ca
Pediatric Physiotherapy
Brockville General Hospital 613-345-5649 x 54562
Family and Children's Services
613-498-2100

Mental Health and Well Being

For Children
Children's Mental Health of Leeds and Grenville
1-800-809-2494
Family and Children's Services 613-498-2100
Children's Hospital of Eastern Ontario Mental Health Intake service (613) 737-7600

Developmental Services of Leeds and Grenville
1-866-544-5614

KIDS Help Phone Line
1-800-668-6868

For Adults
Leeds-Grenville Mental Health and Addictions
1-866-499-8445
<http://l1gamh.ca/community-addictions-services.php>

Mental Health Crisis Line 1-866-281-2911

ConnexOntario Helpline
1-866-531-2600

Indigenous Peoples Hope for Wellness Helpline
1-855-242-3310

Addictions Services

Addictions and Mental Health
1-866-499-8445
<http://l1gamh.ca/community-addictions-services.php>

Alcoholics Anonymous
1-855-267-2696
Al-anon and Alateen
1-888-4AL-ANON
<https://al-anon.alateen.on.ca/>

Ontario Problem Gambling Helpline
1-866-531-2600

Education and Literacy

For Children
Catholic District School Board of Eastern Ontario
1-800-443-4562
www.cdsbeo.on.ca
Conseil Des Écoles Catholique Du Centre-Est
1-888-230-5131
ecolecatholique.ca
Upper Canada District School Board
1-800-267-7131
www.ucdsb.on.ca

Literacy Support Libraries
Athens Public Library (613) 924-2048
Brockville Public Library (613) 342-3936
Elizabethtown-Kitley Public Library (613) 498-3338
Front of Yonge Public Library (613) 923- 1790

For Adults
Alternative/Continuing Education
LEAP (Learning, Earning and Parenting Program) (parents ages 16-21) 1-800-267-8146
<https://www.leedsgrenville.com/en/services/learning-earning-and-parenting-program-leap.aspx>

TR Leger School of Adult, Alternative and Continuing Education Programs
Adult Literacy & Employment Preparation Program. (613) 342-1127
<http://www.trlegeralepp.ca>

Employment and Education Centre 613-498-2111
English as a Second Language
TR Leger (613-342- 1127)
www.trlesl.ca

Special Needs

KidsInclusive/EnfantsInclus - Kingston Health Sciences Centre
1-855-544-3400 ext. 3175
Provide rehabilitation and support services for children and youth with physical, neurological and/or developmental challenges
www.kidsinclusive.ca

Children's Mental Health of Leeds and Grenville 1-800-809-2494.
www.cmhlq.ca

Brockville and District Association for Community Involvement (BDACI) (613) 345-4092
Provides assistance to families of children with intellectual disabilities in Leeds and Grenville.
www.bdaci.com

Developmental Services of Leeds and Grenville 1-866-544-5614
Provides a variety of clinical and support services for children, youth and adults with developmental/intellectual disabilities to develop their potential within their communities.
www.developmentalservices.com

Infant and Child Development Program (613) 345-1662
A family centred early intervention program providing assistance to parents/caregivers in promoting their child's development.

Language Express 1-888-503-8885
Early identification, assessment and treatment of speech, language, and communication delays and disorders for children from birth to school entry.
www.language-express.ca

ConnectWell (Autism Services)
1-866-257-7618.

Community Supports

Food Access
Athens Crisis Food Bank Association (613) 924-2625
Brockville and Area
Loaves and Fishes (Brockville)
(613) 345-6498
Operation Harvest Sharing (Brockville) (613) 342-0605
Salvation Army (Brockville)
(613) 342-5211
Housing and Social Assistance
United Counties of Leeds and Grenville UCLG
1-800-267-8146
Immigration Services
TR Leger Immigration Resource Centre 1-877-875-3437

Immigration Partnership
<http://www.leedsgrenvilleimmigration.ca/>

Legal Aid Ontario.
Brockville – 613-341-2800
x2252

Support for Recreation
Making Play Possible
1-800-809-2494
YMCA (613-342-7961)
Programmes for Kids
Big Brothers Big Sisters of Leeds and Grenville 613-345-0281
Girls Inc. Of Upper Canada 613-345-3295

Violence/Abuse Related Support
Assault Response and Care Centre (ARCC) 1-800-567-7415

Leeds and Grenville Interval House (24 hours)
1-800-267-4409

Victim Services
1-800-939-7682

Every Kid in our Communities of Leeds-Grenville

www.everykid.on.ca

Community Resource Guide

Brockville, Elizabethtown-Kitley, Athens, Front of Yonge 2022

