



AGENDA

MEETING DETAILS

Committee/Work Group	Wellness & Resilience Work Group
Chair(s)	Geraldine Slark & Jessica Parkinson
Date	March 27, 2024
Time	2:30 – 3:30
Location	Zoom
Invitees	Genevieve Fincher; Geraldine Slark; Jessica Parkinson; Melissa Leveck; Gwendy Lapp

AGENDA ITEMS

Time	Item	Owner
	<p>Welcome & Introductions</p> <p>(Note: Karynn will be leaving her position as Coordinator as of the end of March)</p>	Geraldine
	<p>Lunch & Learns – For Discussion/Planning/Next Steps</p> <p>At our January meeting, based on the survey results we agreed to offer 2 Lunch & Learns over the spring of 2024: Mental Health & Well-being (to include work life balance & coping) in April by Jessica & Gwendy and Advocacy & Social Change in June by Geraldine. That has since changed with Geraldine planning to present the 1st Lunch and Learn Wednesday, April 17th from the Library using the Library Zoom account on the topic of AI and wellness. What tasks need to be done for this? We are still nailing down the rest of the schedules/topics.</p>	Geraldine
	<p>Work Plan – For Discussion</p> <p>Does this need to be updated given the foregoing? Who can present to Lead Table April 3?</p> <p>https://everykid.on.ca/wp-content/uploads/2023/10/WELLNESS-WORK-PLAN-2023-24-1.pdf</p>	Geraldine

	Next Meeting: April 24 2:30 – 3:30 By Zoom (New invite to be sent)	
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