



# AGENDA

## MEETING DETAILS

<b>Committee/Work Group</b>	Wellness & Resilience Work Group
<b>Chair(s)</b>	Geraldine Slark & Jessica Parkinson
<b>Date</b>	January 24, 2024
<b>Time</b>	4:00 – 5:00
<b>Location</b>	Zoom
<b>Invitees</b>	Genevieve Fincher; Geraldine Slark; Jessica Parkinson; Melissa Leveck; Wendy Lapp

## AGENDA ITEMS

Time	Item	Owner
4:00 – 4:05	<b>1. Welcome &amp; Introductions</b>	Geraldine
4:05 – 4:15	<b>2. Meeting Times – For Discussion</b> We had moved our meeting times to 4:00 at the request of Tamara Baldwin. Tamara, though, is no longer with the Food Bank, therefore should meeting times be revisited?	Geraldine
4:15 – 4:30	<b>3. Survey Results – For Discussion</b> <a href="https://www.surveymonkey.com/results/SM-h6PYP2_2FX3dn4RY86EVT6NA_3D_3D/">https://www.surveymonkey.com/results/SM-h6PYP2_2FX3dn4RY86EVT6NA_3D_3D/</a>	Geraldine
4:30 – 4:45	<b>4. Work Plan – For Further Discussion &amp; Finalization (to be brought to Lead Table by one of our Chairs for approval Feb. 7)</b>  <a href="https://everykid.on.ca/wp-content/uploads/2023/10/WELLNESS-WORK-PLAN-2023-24-1.pdf">https://everykid.on.ca/wp-content/uploads/2023/10/WELLNESS-WORK-PLAN-2023-24-1.pdf</a>	Geraldine
4:45 – 5:00	<b>5. EKIOC 2024-25 Budget Requests – For Discussion</b>	Karynn
	<b>Next Meeting: Feb. 28 4 – 5 By Zoom</b>	