



MINUTES

MEETING DETAILS

Committee/Work Group	Wellness & Resilience Work Group
Chair(s)	All
Date	September 27 2023
Time	4:00 – 5:00
Location	Zoom
Attendees	Genevieve Fincher; Geraldine Slark; Jessica Parkinson; Melissa Leveck;
Regrets	Tamara Baldwin

AGENDA ITEMS

Item	Owner	Date
<p>1. Co-chairs – For Decision</p> <p>Our draft terms of reference & the practice of other work groups are to have 2 co-chairs. The coordinator (Karynn) does not play this role, but will provide all administrative support including the scheduling of meetings; preparation of Agendas & Minutes; etc. No volunteers came forward at this meeting, therefore for the time being Karynn will continue to chair while recruitment efforts continue.</p> <p>Task(s):</p> <p>1. Karynn to continue recruitment efforts for Work Group membership & for co-chairs.</p>	Karynn	
<p>2. Annual Review of Terms of Reference – For Decision</p> <p>https://everykid.on.ca/wp-content/uploads/2023/05/Wellness-%5E0-Resillience-Work-Group-Terms-of-Reference-Approved-May-3-2023.pdf</p>		

<p>Approved</p> <p>Task(s):</p> <p>1. Karynn to bring TOR to EKIOC Lead Table for final approval.</p>	<p>Karynn</p>	<p>Nov 8/23</p>
<p>3. Work Plan – For Discussion & Decision</p> <p>https://everykid.on.ca/wp-content/uploads/2023/01/2023-25-PRIORITIES-1.pdf</p> <p>Short term – Lunch and learns to begin in January January – Jessica Parkinson February - Genevieve Fincher March – Geraldine Slark April – Melissa Leveck</p> <p>Request permission of the Lead Table to distribute a survey so Lunch and Learns can address staff needs and get spark going. Interval house is beginning staff training, looking a funding</p> <p>Short term goal – increase recruitment</p> <p>Longer goals – Staff Wellness day</p> <p>Task(s):</p> <p>1. Karynn to draft work plan for work group to review to then be brought to Lead Table (to include presentation template like DEI works group).</p> <p>2. Work group to develop survey for lunch and learns.</p>	<p>Karynn</p> <p>Work Group</p>	<p>Oct 25/23</p> <p>Oct 25/23</p>
<p>4. Next Meeting: October 25 4:00 – 5:00 by Zoom</p>		