



Wellness & Resilience Work Group Terms of Reference

Introduction

The Wellness & Resilience Work Group supports the common agenda of the Lead Table for EKIOC by building a culture that fosters relationships, trust, and respect across partner organizations and cultivates healthy and resilient organizations.

Common Agenda

To build a community in which every child and youth is safe, healthy, valued and lives in a family and neighborhood where: all babies have the best start possible; all children and youth are cared for and safe; all children are ready for school; all children and youth are successful at school; all children and youth are practicing safe and healthy behaviors; and all youth are making successful transitions to adulthood.

Accountability

The Wellness & Resilience Work Group reports to the Lead Table of EKIOC. The Wellness & Resilience Work Group will provide advise to the EKIOC Lead Table as it relates to healthy and resilient organizations, will ensure preparation of an annual work plan, and will provide periodic (at least annual) reports on its activities to the EKIOC Lead Table. It may also bring specific issues to the Lead Table.

Mandate

- To engage the EKIOC Lead Table in mental health and wellness dialogue.
- To promote mental health and wellness frameworks in our partner organizations.
- To collaborate with and promote wellness initiatives for the EKIOC community.

Membership

- The membership consists of, but is not limited to, partner agency staff members, community stakeholders, and leaders.

- Participation is encouraged from individuals having expertise in health, wellness, and human resources.
- EKIOC seeks representation from a diversity of peoples and perspectives and from those with lived experience from across our partner organizations, particularly representatives from equity seeking communities, including:
 - Members from Indigenous communities
 - Members from the Black community and people of colour
 - Individuals who identify as 2SLGBTQ+
 - Individuals with visible and invisible disabilities
 - Other members of equity seeking or marginalized communities

Working Arrangements

- There will be two co-chairs of the Work Group, which will rotate through the members of the Wellness & Resilience Work Group. The chairs will serve a term of 2 years (staggered) commencing in September of each year.
- The work group will meet at such times and places as determined by its members and will work mainly through video conferences and e-mail. Meetings will generally be held once per month for one hour.
- A consensus building approach will be used whenever possible. In the rare case when a vote is required, all members present are voting members.
- Administrative support to the Work Group will be provided by the EKIOC Coordinator.

Review of Terms of Reference

These terms of reference will be reviewed annually in September.

Date of Approval & Review

May 3, 2023