

Support for Parenting

EarlyOn Family and Child Centres are places where parents and caregivers can:
Find parent education and support
Take part in a range of programs with other parents
Get answers to questions
Get information about programs and services that are available to young children and their families
Talk to early years' professionals as well as other parents and caregivers in the community
Brockville Main Site
X2351 1-866-433-8933
Prescott Site (613) 925-4975
<https://www.leedsgrenville.com/en/services/EarlyON.aspx>

Triple P Parenting for parenting sessions and information
Call: 1-800-660-5853
Email: triplep@healthunit.org
Visit www.triplep-parenting.ca

Health Unit-Leeds, Grenville and Lanark District Health Unit 1-800-660-5853
www.healthunit.org

Children's Mental Health of Leeds and Grenville (CMHLG)
1-800-809-2494 www.cmhlq.ca

Family and Children's Services
1-855-667-2726

Childcare

Prescott and Area

Educare Children's Centre
Johnstown (613) 925-0632

More Than Just Babysitting
MTJB Maynard Main
613-925-4032

MTJB TR Leger B&A & Student Care
613-246-7755

For information about Before and After School Programs contact your school.

Licensed Home Childcare
YMCA of Eastern Ontario
(613) 342-7961 x35

For information regarding childcare fee subsidy contact the United Counties of Leeds and Grenville Community and Social Services Division at 1-800-267-8146 x 2351

Developmental Services of Leeds-Grenville
Inclusive Child Care Program-support for all staff in licensed childcare settings working with children with special needs to support inclusion.
1-866-544-5614

Physical Health

Telehealth Ontario 1-866-797-0000 Poison Centre 1-800-268-9017

Health Unit-Leeds, Grenville and Lanark District Health Unit
1-800-660-5853

Including: Dental Services, Healthy Babies Healthy Children, Immunization, parenting programs and information, postpartum depression support, prenatal and breastfeeding education www.healthunit.org

Community and Primary Health Care (CPHC)
1-800-465-7646

Includes community programs and services and primary health care services

www.cphcare.ca

Health Care Connect
1-800-445-1822

Helps Ontarians who are without a family health care provider (family doctor or nurse practitioner) to find one...

<http://www.health.gov.on.ca/en/ms/healthcareconnect/public/default.aspx>

Hearing and Vision

Southeastern region Infant Hearing and Blind Low Vision Program
1-800-267-7875 x 1145

Canadian National Institute for the Blind (CNIB) 1-800-563-2642. www.cnib.ca

Hearing Life 1-888-403-5917

Hospitals

Brockville General Hospital (613)345-5649

KidsInclusive/EnfantsInclus - Kingston Health Sciences Centre

1-855- 544-3400 ext. 3175

La Leche League Canada –
613-925-0067 brockville@lllc.ca

Pediatric Physiotherapy

Brockville General Hospital 613-345-5649 x54562

Mental Health and Well Being

For Children

Children's Mental Health of Leeds and Grenville
1-800-809-2494

Family and Children's Services 1-855-667-2726

Children's Hospital of Eastern Ontario Mental Health Intake service (613) 737-7600

Developmental Services of Leeds and Grenville 1-866-544-5614

KIDS Help Phone Line 1-800-668-6868

For Adults

For Adults
Lanark Leeds-Grenville Addictions and Mental Health 1-866-499-8445

<http://llgamh.ca/community-addictions-services.php>

Mental Health Crisis Line 1-866-281-2911

ConnexOntario Helpline 1-866-531-2600

Indigenous Peoples Hope for Wellness Helpline 1-855-242-3310

Addictions Services
Addictions and Mental Health 1-866-499-8445

<http://llgamh.ca/community-addictions-services.php>

Alcoholics Anonymous 1-855-267-2696

Al-anon and Alateen 1-888-4AL-ANON

<https://al-anon.alateen.on.ca/>

Ontario Problem Gambling Helpline <http://www.connexontario.ca>

1-866-531-2600

Education and Literacy

For Children

Catholic District School Board of Eastern Ontario
1-800-443-4562

www.cdsbeo.on.ca

Upper Canada District School Board
1-800267-7131

www.ucdsb.on.ca

Conseil Des Écoles Catholique Du Centre-Est
1-888-230-5131

ecolecatholique.ca

Literacy Support Libraries

Augusta Township Public Library (613) 926-2449

<https://augustalibrary.com>

Edwardsburg-Cardinal Public Library (Cardinal Branch) (613) 657-3822

Edwardsburg-Cardinal Public Library (Spencerville Branch) (613) 658-5575

<http://www.edcarlibrary.ca/>

Prescott Public Library (613) 925-4340

<http://www.prescott.ca/en/pl-ay-here/Library.asp>

For Adults
Alternative/Continuing Education

LEAP (Learning, Earning and Parenting Program) (parents ages 16-21) 1-800-267-8146

<https://www.leedsgrenville.com/en/services/learning-earning-and-parenting-program-leap.aspx>

TR Leger School of Adult, Alternative and Continuing Education Programs

Adult Literacy & Employment Preparation Program. (613) 925-1834

<http://www.trlegeralepp.ca>

Employment and Education Centre 613-498-2111

English as a Second Language
TR Leger (613-342- 1127)

www.trlesl.ca

Special Needs

KidsInclusive/EnfantsInclus - Kingston Health Sciences Centre
1-855 544-3400 ext. 3175

613-544-3400 ext. 3175

Provide rehabilitation and support services for children and youth with physical, neurological and/or developmental challenges

www.kidsinclusive.ca

Children's Mental Health of Leeds and Grenville 1-800-809-2494.

www.cmhlq.ca

Brockville and District Association for Community Involvement (BDACI) (613) 345-4092

Provides assistance to families of children with intellectual disabilities in Leeds and Grenville.

www.bdaci.com

Developmental Services of Leeds and Grenville 1-866-544-5614

Provides a variety of clinical and support services for children, youth and adults with developmental/intellectual disabilities to develop their potential within their communities.

Infant and Child Development Program (613) 345-1662

A family centred early intervention program providing assistance to parents/caregivers in promoting their child's development.

Language Express 1-888-503-8885

Early identification, assessment and treatment of speech, language, and communication delays and disorders for children from birth to Junior Kindergarten

www.language-express.ca

Ontario Autism Program – Southeast Region 1-844-855-8340

ConnectWell (Autism Services) 1-866-257-7618.

Community Supports

Food Access

Food For All (613) 925-2444

King's Kitchen (613) 340-3070

Seaway Christian Church (613) 925-5840

Food For All – Cardinal (613) 657-1967

Housing and Social Assistance

United Counties of Leeds and Grenville

1-800-267-8146

Immigration Services

TR Leger Immigration Resource Centre 1-877-875-3437

Immigration Partnership <http://www.leedsgrenvilleimmigration.ca/>

Legal Aid Ontario

Brockville – 613-341-2800 x2252

Support for Recreation

Making Play Possible 1-800-809-2494

YMCA (613-342-7961)

Programs for Kids

Big Brothers Big Sisters- Brockville 1-345-0281

Girls Inc. of Upper Canada 613-345-3295

Violence/Abuse Related Support

Assault Response and Care Centre (ARCC) 1-800-567-7415

Leeds and Grenville Interval House (24 hours) 1-800-267-4409

Victim Services 1-800-939-7682

Every Kid in Our Communities

www.everykid.on.ca

Community Resource Guide

Prescott, Edwardsburgh-Cardinal 2022

