



**Meeting Notes
Triple P Workgroup
March 1, 2021
Via Zoom**

In Attendance: Jane Hess Health Unit; Emily Castle Health Unit; Bev Heuving LGIH; Sue Poldervaart RNJ; Sarah Kaufmann DSLG; Anik Whyte FCSLLG; Joanna Follett CMHLG; Elizabeth Dorrington UCLG; Margaret Fancy EKIOC (chaired)

Welcome and Introductions – Margaret outlined the purpose of the meeting: to identify what agencies are currently offering in terms of TripleP; to identify training and service needs; and to determine how agencies can work together to improve collaboration and communication.

1. Agency Updates – what is being offered

Elizabeth – No in person other than Baby Talk
Bev – Virtual TripleP groups
Sue P – not active – one staff currently trained
Needs are high in terms of Teen
Sarah – 2 of 3 councillors trained; not as active
ICC resource consultants trained
Anik – active one on one in home – using Tip Sheets
Just starting groups – Teen, Transitions
Partnering with Community Justice to offer another Teen group
Joanne – no groups at this time
One or two trained staff left.
Emily – extra codes for online programme
Telephone support when parents call in
Healthy Babies now doing Triple P
TripleP International has resources on dealing with COVID
New programme ``Fearless`` about dealing with anxiety
Have focussed budget on getting resources and supplies out to families
Need to determine training needs – might be able to offer training with new Budget (April 1)
Still working on updating list of trained practitioners

2. Identifying Service Gaps

Joanna – no active groups at CMHLG
Would like to offer Fearless, Transitions
Anik – entire team trained

1 person doing Fearless
2 trained in Teen
Open to partner
Bev – 2 teen facilitators open to partnering
Elizabeth –not getting referrals
Interested in co-facilitating

3. Website reviews – Triple p Ontario, Health Unit, positiveparentinglg
Emily reviewed Triplep Ontario site -- <https://www.triplep-parenting.ca/ont-en/triple-p/>

Site has information about sessions open to parents across Ontario.
Resources for parents related to COVID
Virtual groups for practitioners

Moving forward – coordination and communication