

Support for Parenting

Ontario Early Years Centres are places where parents and caregivers can:
Find parent education and support
Take part in a range of programs with other parents
Get answers to questions
Get information about programs and services that are available to young children and their families
Talk to early years professionals as well as other parents and caregivers in the community
Brockville Main Site
X2374 1-866-433-8933
Prescott Site (613) 925-4975

Early Literacy Specialist
X2376 1-866-433-8933
www.leedsgrenville.com/en/live/communityprograms/ontarioearlyyearscentres.asp

Triple P: Positive Parenting-Program Health Action Line 1-800-660-5853
(Includes parent education and support groups)
Health Unit-Leeds, Grenville and Lanark District Health Unit 1-800-660-5853
www.healthunit.org

Children's Mental Health of Leeds and Grenville (CMHLG)
1-800-809-2494 www.cmhlg.ca

Family and Children's Services
613-498-2100

Childcare

Prescott and Area

Educare Children's Centre
Johnstown (613) 925-0632
More Than Just Babysitting Child Care Centre (MTJB)
Maynard (613) 925-4032

For information about Before and After School Programs contact your school.

Licensed Home Childcare
Brockville and area YMCA
Licensed Home Child Care (613) 342-7961

For information regarding childcare fee subsidy contact the United Counties of Leeds-Grenville social services division at 1-800-770-2170.

Developmental Services of Leeds-Grenville
Support for children with special needs in licensed childcare 1-866-544-5614

Physical Health

Telehealth Ontario 1-866-797-0000 **Poison Centre 1-800-268-9017**

Health Unit-Leeds, Grenville and Lanark District Health Unit
1-800-660-5853
Including: Baby Talk, Dental Services, Healthy Babies Healthy Children, Immunization, parenting programs and information, postpartum depression support group, prenatal and breastfeeding education
www.healthunit.org
Community and Primary Health Care (CPHC)
1-800-465-7646

Includes community programs and services and primary health care services

www.cphcare.ca
Health Care Connect
1-800-445-1822

Helps Ontarians who are without a family health care provider (family doctor or nurse practitioner) to find one...

<http://www.health.gov.on.ca/en/ms/healthcareconnect/public/default.aspx>

Hearing

KFLA & A Public Health-Infant Hearing Program-Southeastern Region
1-800-267-7875
St. Lawrence Hearing Centre- Audiological testing
1-877-341-7730

Hospitals

Brockville General Hospital (613)345-5645
Hotel Dieu Hospital - Child Development Centre (613) 554-3400
Children's Hospital of Eastern Ontario (613) 737-7600
La Lecher League Canada - Brockville Group (24hr)
(613) 925-0067

Family and Children's Services
613-498-2100

Mental Health and Well Being

For Children

Children's Mental Health of Leeds and Grenville
1-800-809-2494
Family and Children's Services 613-498-2100
Children's Hospital of Eastern Ontario Mental Health Intake service (613) 737-7600
Child & Adolescent Psychiatry, Hotel Dieu Hospital for ages 0-17 (613) 544-3400
Community and Primary Health Care (CPHC)
1-800-465-7646
Developmental Services of Leeds and Grenville
1-866-544-5614
KIDS Help Phone Line
1-800-668-6868

For Adults

Mental Health Crisis Line1-866-281-2911
Mental Health Information Service
Ontario 1-866-531-2600
Canadian Mental Health Association
Ext 4 1-866-499-8445
www.cmha-lg.ca
Leeds-Grenville Mental Health
1-866-499-8445
www.lgmentalhealth.ca
Addictions Services
Alcoholics Anonymous (613) 342-8452 (24 hr.)
Al-anon and Alateen
1-888-4AL-ANON
www.alanon.alateen.org
Drug and Alcohol Helpline 1-800-565-8603
www.drugandalcoholhelpline.ca
Ontario Problem Gambling Helpline
1-800-230-3505
www.opgh.on.ca
Tri-County Addiction Services
1-800-361-6948

Education and Literacy

For Children

Catholic District School Board of Eastern Ontario
1-800-267-7136
www.cdsbeo.on.ca
Conseil scolaire de district catholique de l'Est ontarien
1-800-204-4098
www.csdceo.ca
Upper Canada District School Board
1-800-267-7131
www.ucdsb.on.ca

Literacy Support Libraries

Augusta Township Public Library (613) 926-0440
Edwardsburg-Cardinal Public Library (Cardinal Branch) (613) 657-3822
Edwardsburg-Cardinal Public Library (Spencerville Branch) (613) 658-5575
Prescott Public Library (613) 925-4340
Fun with Books (for children under 6 years) (613) 269-4660
Ontario Early Years Centre (OEYC) Literacy Specialist ext. 2374 1-866-433-8933

For Adults

Alternative/Continuing Education
LEAP (Learning, Earning and Parenting Program) (parents ages 16-21) 1-800-267-8146
www.leedsgrenville.com/en/live/communityprograms/LearningEarningAndParenting.asp
TR Leger School of Adult, Alternative and Continuing Education Programs
Adult Literacy & Employment Preparation Program. (613) 925-1834
<http://www.trlegeralepp.ca>
St. Lawrence College
www.stlawrencecollege.ca (613) 345-0660
English as a Second Language
TR Leger School (613-342-1127)
www.welcometrleger.ca

Special Needs

Child Development Centre (CDC)
Hotel Dieu Hospital (613) 544-3400

Provides assessment and intervention for children with physical and/or developmental disabilities.
www.kingstoncdc.ca

Children's Hospital of Eastern Ontario (CHEO) (613) 737-7600
www.cheo.on.ca

Children's Mental Health of Leeds and Grenville 1-800-809-2494.
www.cmhlg.ca

Community Care Access Centre
310-CCAC (2222)
www.se.ccac-ont.ca

Brockville and District Association for Community Involvement (BDACI) (613) 345-4092
Provides assistance to families of children with intellectual disabilities in Leeds and Grenville.
www.bdaci.com

Developmental Services of Leeds and Grenville 1-866-544-5614
Inclusive Child Care Program-support for children with special needs in licensed child care; specialized services for children with a developmental disability.
www.developmentalservices.com

Infant and Child Development Program (613) 345-1662
A family centred early intervention program providing assistance to parents/caregivers in promoting their child's development.

Language Express 1-888-503-8885
Provides early identification, assessment and treatment options of communication needs for children from birth to the end of Junior Kindergarten

Southeast Regional Autism Intervention Program 1-800-667-2617 www.lcp-home.com

Community Supports

Food Access

Food For All (613) 925-2444
King's Kitchen (613) 924-2625
Seaway Christian Church (613) 925-5840
Food For All – Cardinal (613) 657-1967
Food For All – Spencerville (613) 658-1226

Housing and Social Assistance

Leeds and Grenville
Human Services, Energy Emergency Fund 1-800-267-8146
United Counties of Leeds and Grenville UCLG 1-800-267-8146

Immigration Services

TR Leger Immigration Resource Centre 1-877-875-3437
Immigration Portal for Leeds and Grenville
www.newcomersinfo.ca/LegalAidOntario
Brockville 1-877-767-8536

Support for Recreation

Making Play Possible
1-800-809-2494
YMCA (613-342-7961)
Support for Children
Big Brothers Big Sisters- Brockville 1-866-344-9972
Girls Inc. of Upper Canada 613-345-3295
Prescott Youth Centre (613-925-2004)

Violence/Abuse Related Support

Assault Response and Care Centre (ARCC) 1-800-567-7415
Leeds and Grenville Interval House (24 hours) 1-800-267-4409
Victim Crisis Assistance and Referral Service 1-800-939-7682

Leeds-Grenville Best Start Network
Supporting Children from 0 to 6 and their Families

Community Resource Guide
Prescott, Edwardsburgh-Cardinal 03/14

