

Triple P Caller Triage

What is Triple P?

- Triple P is an evidence based parenting program many agencies across Leeds and Grenville have adopted.
- Triple P aims to prevent behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents.
- Triple P offers different levels of support.

- What is the nature of your concern?
- Do you have a specific questions or concern?
- What kind of support are you looking for?
- What have you tried?
- Have you spoken to your HCP about your concerns?

Brief Individual consultations: (Level 2)

- Can address 1-2 mild specific everyday issues i.e. toileting, bed time problems, sharing using a tip sheet.

Ideal for families with low level of adversity or stress.

Seminar Series:

3 seminars offering info and strategies to deal with day to day challenges *every parent* needs support.

One on One Support: (Level 3)

- This is a 4-session intervention tailored to individual parent's needs. Targets children with mild to moderate behaviour difficulties and includes active skills training for parents.

Ideal for challenges that have not been addressed through attendance of a seminar.

Intensive Individual Intervention: (Level 4)

- Small groups also available.
- Interventions take between 8 to 10-sessions.

Ideal for parents of children with more severe behaviour difficulties.

Enhanced Individual Intervention: (Level 5)

- Usually delivered to parents after they have undertaken a Level 4 intervention in an individual consultation format.

Ideal for parents and caregivers experiencing relationship conflict, parental depression or high levels of stress.

Individual Consultation:

- Health Unit 1-800-660-5853 (Baby Talk, 800 line, HBHC)
- OEYC 1-866-433-8933,ext 2374
- CYWC 613-498-4844
- DSLG 1-866-544-5614

Seminars:

- Health Unit 1-800-660-5853 (Complete referral to HBHC program)
- OEYC 1-866-433-8933,ext 2374
- CYWC 613-498-4844
- DSLG 1-866-544-5614 (If has Dx of delay)

Intensive:

- Health Unit 1-800-660-5853 (HBHC program)
- FCS 613-498-2100
- OEYC 1-866-433-8933,ext 2374
- CYWC 613-498-4844
- DSLG 1-866-544-5614

Enhanced:

- FCS 613-498-2100
- CYWC 613-498-4484

See community calendar for dates, times and locations