

Triple P Workshop Evaluation: Results
March 25, 2011

Background:

The Triple P Positive Parenting Program is an evidence-based parenting program that aims to prevent severe behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents. Triple P has 5 different levels to meet the needs of organizations and clients. On March 25, 2011 a Triple P workshop was provided to local service providers. This workshop provided participants with a new level of Triple P training and participants were asked to complete an evaluation form at the end of the workshop.

Results:

A total of 20 participants attended the workshop and 20 completed evaluation forms were received, resulting in a response rate of 100%.

Participants' Ratings:

	1 Poor	2	3 Fair	4	5 Good	6	7 Excellent
a) Accessibility	0	0	0	0	3 (15%)	4 (20%)	13 (65%)
b) Catering	0	0	0	0	2 (10%)	7 (35%)	11 (55%)
c) Comfort of training room	0	0	0	1 (5%)	3 (15%)	4 (20%)	11 (55%)
d) Parking	0	0	0	0	1 (5%)	4 (20%)	14 (70%)

e) Were you adequately informed about and prepared for this training or accreditation?

7 Yes definitely	6	5 Yes generally	4	3 Not really	2	1 No definitely not
1 (5%)	10 (50%)	8 (40%)	0	1 (5%)	0	0

f) Is this level of Triple P appropriate for your work?

1 No definitely not	2	3 Not really	4	5 Yes generally	6	7 Yes definitely
0	0	0	1 (5%)	9 (45%)	10 (50%)	1 (5%)

1. How would you rate the quality of the workshop presentation?

7 Excellent	6	5 Good	4	3 Fair	2	1 Poor
16 (80%)	3 (15%)	1 (5%)	0	0	0	0

2. Did the workshop provide enough opportunities for active participation?

1 No definitely not	2	3 Not really	4	5 Yes generally	6	7 Yes definitely
0	0	0	0	4 (20%)	7 (35%)	9 (45%)

3. How would you rate the content of the workshop?

7 Excellent	6	5 Good	4	3 Fair	2	1 Poor
10 (50%)	9 (45%)	1 (5%)	0	0	0	0

4. Do you feel you now have the skills to implement Triple P in your work with families?

1 No definitely not	2	3 Not really	4	5 Yes generally	6	7 Yes definitely
0	0	0	1 (5%)	11 (55%)	5 (25%)	2 (10%)

5. In an overall sense, how satisfied were you with the workshop?

7 Very satisfied	6	5 Satisfied	4	3 Dissatisfied	2	1 Very Dissatisfied
12 (60%)	6 (30%)	2 (10%)	0	0	0	0

6. Please note the strengths of the workshop (valuable things gained):

- *Number of interventions, escalating interventions.*
- *Speaker very good.*
- *Great instructor, easy to follow, good resources.*
- *It was helping me with my family and at my job too!*
- *Learned valuable information on strategies to help parents who are having trouble with their children.*
- *Engaging speaker, comfortable asking questions, great text resources!*
- *Presenter enthusiasm, video/talk/break-out sessions relevant to personal & professional life.*
- *Concrete steps, strategies & materials.*
- *Enjoyed references/DVD/role plays.*
- *Good balance between visual (DVD & slideshow) & hands on activities.*
- *Different ways of interacting - groups/DVD/discussion.*
- *Tips, techniques - quiet time, praise it.*
- *Excellent presenter. Clear, well laid out, practical info. Excellent.*
- *Strategies for managing misbehaviour.*
- *How to deal with situations better.*
- *I thought the presenter was excellent & very engaging.*

- *Informative, use of power point/DVD, great facilitator!*

7. Please note the weaknesses of the workshop (things you didn't like):

- *I wish we could have moved around a little bit. Too long at sitting, more games fun.*
- *Speakers weren't loud enough on computer.*
- *Initial audio poor (good for DVD though).*
- *More case scenarios with bad behaviour & what to do & back up.*

Discussion & Recommendations:

Participants at the March 25th training session appear satisfied with the location for training in terms of accessibility, catering, room comfort and parking. The majority of participants felt that they were adequately informed about and prepared for the training and felt that the level of Triple P was appropriate for their work.

Overall, all participants were satisfied with the workshop. Participants rated both the quality and content of the workshop positively and felt that it provided enough opportunities for active participation. Participants felt that they now have the skills in general to implement Triple P in their work with families.

When asked about the strengths of the workshop, participants noted that the workshop instructor was excellent, the resources were useful and the DVD and group discussions were helpful. In terms of weaknesses, a couple of participants commented that the audio was poor, and participants suggested moving around more and including more case scenarios.

It is recommended that these results are reviewed and considered when planning future Triple P workshops.

Respectfully Submitted,
Katie Jackson, Planning & Evaluation Consultant