

## Triple P Workshop Results: March 24, 2011 Workshop

### **Background:**

The Triple P Positive Parenting Program is an evidence-based parenting program that aims to prevent severe behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of parents. Triple P has 5 different levels to meet the needs of organizations and clients. On March 24, 2011 a Triple P workshop was provided to local service providers and participants were asked to complete an electronic evaluation survey following the workshop.

### **Results:**

A total of 24 participants attended the workshop and 8 completed electronic surveys, resulting in a response rate of 33%.







#### **1. Please circle the response to each item that best describes how you honestly feel. 1 = poor, and 7 = excellent**

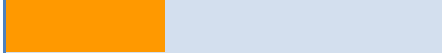
	1= poor	2	3 = fair	4	5 = good	6	7 = excellent	Total
Accessibility	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (25%)	3 (38%)	3 (38%)	8
Catering	0 (0%)	0 (0%)	0 (0%)	2 (29%)	1 (14%)	3 (43%)	1 (14%)	7
Comfort of training room	0 (0%)	0 (0%)	0 (0%)	0 (0%)	5 (62%)	1 (12%)	2 (25%)	8
Parking	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (25%)	2 (25%)	4 (50%)	8

### **Other comments:**

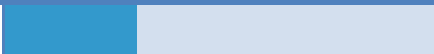
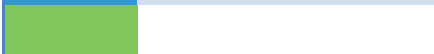

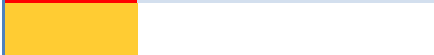


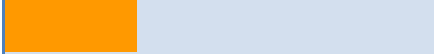
- Tables would be nice for writing on

#### **2. How would you rate the quality of the workshop presentation? 7 = excellent, and 1 = poor.**

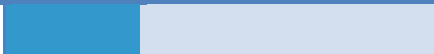
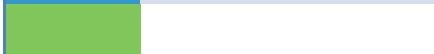


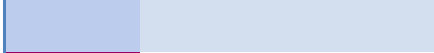
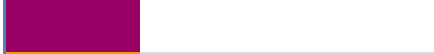
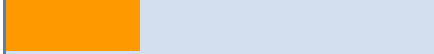
Response	Chart	Percentage	Count
7 = excellent		25%	2
6		62%	5
5 = good		12%	1
4		0%	0
3 = fair		0%	0
2		0%	0

1 = poor		0%	0
		<b>Total Responses</b>	<b>8</b>

### 3. Did the workshop provide enough opportunities for active participation?





Response	Chart	Percentage	Count
1 = no, definitely not		0%	0
2		0%	0
3 = not really		0%	0
4		0%	0
5 = yes generally		38%	3
6		50%	4
7 = yes definitely		12%	1
		<b>Total Responses</b>	<b>8</b>

### 4. How would you rate the content of the workshop?

Response	Chart	Percentage	Count
7 = excellent		38%	3
6		50%	4
5 = good		12%	1
4		0%	0
3 = fair		0%	0
2		0%	0
1 = poor		0%	0
		<b>Total Responses</b>	<b>8</b>

### 5. In an overall sense, how satisfied were you with the workshop?

Response	Chart	Percentage	Count
7 = very satisfied		38%	3
6		62%	5
5 = satisfied		0%	0

4		0%	0
3 = dissatisfied		0%	0
2		0%	0
1 = very dissatisfied		0%	0
<b>Total Responses</b>			<b>8</b>

#### 6. Please note the strengths of the workshop (valuable things gained).

- *Refresher of principals*
- *Ways to adapt the levels*
- *I like how digging for what works was emphasized. I think the discussion on fidelity was also very important.*
- *Presenter was very clear and gave good information.*
- *Examples, answering questions of practitioners*

#### 7. Please note the weaknesses of the workshop (things you didn't like).

- *Hard to present to people who have no knowledge of triple p and to practitioners...*
- *I would have preferred to be in smaller groups where we could discuss each level of Triple P and the trials we currently encounter.*
- *Should have been more practitioners present*

#### 8. Do you have any other comments or suggestions for how this workshop could be improved?

- *Maybe two groups for those who are accredited and those who are not.*
- *I would have liked more time for the TP facilitators to discuss situations with "the expert" and each other. I think some more training on how to keep asking those questions to break it down so it is doable for families is important.*

#### **Discussion & Conclusions:**

In general, participants appear satisfied with all aspects of the workshop. Participants reported satisfaction with the quality of the workshop and its content, as well as the opportunities for active participation. Some participants suggested allowing more time for group discussion and separating the accredited and non-accredited practitioners as ways to improve.

It is recommended that these results are reviewed and considered when planning future Triple P workshops.

Respectfully Submitted,  
Katie Jackson, Planning & Evaluation Consultant