

Small changes,  
big differences.



## **FREE Triple P, Birth-12 Years Seminar** **The Power of Positive Parenting**

*Learn about the power of positive parenting and  
how to raise resilient, confident and competent children.*

**Leeds, Grenville & Lanark  
District Health Unit  
458 Laurier Blvd, Brockville**

**Thursdays  
September 24, October 1 & 8  
6:00 – 8:00 p.m.**

*Refreshments provided.*

**Register at:** <https://brockville-triplep.eventbrite.com/> **or**

**contact Kathy Spratt at 1-800-660-5853**



[www.triplepontario.ca](http://www.triplepontario.ca)  
[www.triplep.net](http://www.triplep.net)