

Mental Health Literacy Workshop

The Ontario Centre of Excellence for Child and Youth Mental Health has developed

a training program in mental health literacy for educators, administrators, mental

health service providers and health-care professionals.

In March 2011, the program was pilot tested in four communities across the province

- Haliburton, Niagara, Sudbury and Belleville. A diverse group of professionals from each community participated in a full-day workshop covering the most common

mental health concerns among children and youth and offering practical, real-life

strategies to support them in their daily work.

The workshop includes:

- * Basic knowledge and skills required to understand common child and youth mental

health issues.

- * A common understanding and language for participants.

- * A snapshot of local and provincial resources and how to use them.

In the coming months, the Centre will revise, adapt and expand the mental health

literacy workshop to respond to unique needs among different sectors and settings.

Please click here [[http://r20.rs6.net/tn.jsp?](http://r20.rs6.net/tn.jsp?llr=6cjndxbab&et=1106163235740&s=1867&e=00169ckc5oGZLNWvBz-W1UIW5VVr9ajjyOSSM4Izrkk8oLxY9Acasji_r1owi0kHaMyxTaWD4dDCsh)

[llr=6cjndxbab&et=1106163235740&s=1867&e=00169ckc5oGZLNWvBz-W1UIW5VVr9ajjyOSSM4Izrkk8oLxY9Acasji_r1owi0kHaMyxTaWD4dDCsh](http://r20.rs6.net/tn.jsp?llr=6cjndxbab&et=1106163235740&s=1867&e=00169ckc5oGZLNWvBz-W1UIW5VVr9ajjyOSSM4Izrkk8oLxY9Acasji_r1owi0kHaMyxTaWD4dDCsh)

[BPeaT_qowbijgfvnML1Twh_p1zv1k9tP9ux6L32xkojhVBZtiuhAdgx8gDILzG
C3BK7qdRKPsCAtmsQ5jIMjFzlsHMXDT-
tQ_7OIYFRug8tfAmVKPy1Tz5l4LLfCUNZozBF7PPJbrC5xAfuElp1FNo_rg
kdAFH2eL8A4ToFBsU4PH4VlрпиWtX8fn1LUJV7EpiFMtuYweiB-
LewYxF3qoG-opeiOKA7x5YTb5-hbi7IfbxEtiSOyOEx2OHDWHxo=\]](#)for
more information.